

Allergy Department: Clinic 2a

Administration of an Anapen

You will have been advised to carry an Anapen with you if you are at risk of suffering from an Anaphylactic shock: a severe allergic reaction. The Anapen administers epinephrine, emergency treatment for severe allergic reactions.

This information explains to you how to use the Anapen. **It is advisable to remind yourself of these instructions every few months.**

Administration:

- Step 1: Remove the **black** needle cap
- Step 2: Remove the **black** safety cap from the **red** firing button
- Step 3: Hold Anapen against the outer thigh and press the firing button with your thumb
- Step 4: Hold Anapen in position for 10 seconds and then remove
- Step 5: Get urgent medical attention: dial 999

Important note: the Anapen will not go through thick clothing, for example denim. So please remove clothing where possible before administering the Anapen.

Safe disposal of a used Anapen:

After use, take care not to accidentally stick the needle into yourself. The ambulance crew or attending doctor will dispose of the used Anapen safely.

Please ask if you require this information in other languages, large print or audio format:
01223 216032 or patient.information@addenbrookes.nhs.uk

Potete chiedere di ottenere queste informazioni in altre lingue, in stampato grande o in audiocassetta.

Italian

若你需要本信息的繁體中文、大字體或音訊格式的版本，請要求索取。

Cantonese

तमने आ माहिती बीछ भाषाओमां, मोटा अक्षरोमां अथवा सांभजी शकाय जेवा माध्यम
(ओडीओ डोमेट)मां जेठती छोय तो कृपा करीने पूछो.

Gujarati

تکایه پرسیار بکه نه گهر نه وزانیاریهت دهوی به زمانیکی تر , به پیتی گهره یانیش به شیوهی دهنگ

Kurdish

آگر آپ کو یہ معلومات دوسری زبانوں میں، بڑے الفاظ کی اشاعت میں یا آڈیو ٹیپ پر درکار ہوں تو براۓ مہربانی اس کیلئے درخواست کریں۔

Urdu



Addenbrooke's is smoke-free. Please do not smoke anywhere on the site.

For advice on quitting, contact your GP or the NHS smoking helpline free, 0800 169 0 169

Document History

Authors	Department of Allergy
Department	Department of Allergy, Clinic 2a, Box 40, Addenbrooke's Hospital, Cambridge University Hospitals NHS Foundation Trust, Hills Road, Cambridge, CB2 0QQ www.addenbrookes.org.uk
Contact number	01223 217777 or 01223 586977
Published	August 2005
Reviewed and reissued	July 2007, no changes made
Review date	July 2009
File name	Anapen.doc
Version number	2
Ref	PIN 281