

Cambridge Breast Unit

Your breast prosthesis

Your Prosthesis

A breast prosthesis is an artificial breast that fits inside a bra or bathing costume to replace your natural breast. Most prostheses are made from soft silicone gel encased in a thin film and moulded to form the natural shape of your breast (or part of your breast).

We aim to supply you with a prosthesis that is close to your skin tone and help you to feel more confident and comfortable.

Your prosthesis has a two or three year guarantee, but should give you many trouble free years.

If you have experienced an excessive weight gain or loss you will be entitled to have a new prosthesis fitted.

Looking after your prosthesis

In general, you will need to look after your silicone breast prosthesis as you look after your own skin. You should wash it daily in warm water and dry it with a towel. It can be used in salt or chlorinated water, but should be rinsed in clean water.

What you will need

When you come to be fitted with your prosthesis you will need:

- A well fitting bra (there is no need to buy a special or expensive bra) with an underband of around one inch.
- A plain, light coloured top or t-shirt. This makes it easier to choose a prosthesis that gives you a good shape.
- You might prefer to wear clothes which are easy to take on and off.

Most of the large department stores as well as specialist shops have trained fitters who are used to advising women who have had breast surgery on the most suitable choice of bra.

Suggested shops in Cambridge:

- Mark & Spencer
- Robert Sayle
- Douglas of Shelford

Other areas:

- Hayward's Newmarket
- Eden & Lilley's Saffron Walden
- Pearson's Bishop Stortford
- Eloise Lingerie Bury St Edmunds (by appointment only on: 01284 828787) they also provide a mail order service.

For more information please call the Prosthetic nurse, Alison Hallett on: **01223 348272**.

Please ask if you require this information in other languages, large print or audio format: 01223 216032 or patient.information@addenbrookes.nhs.uk

Potete chiedere di ottenere queste informazioni in altre lingue, in stampato grande o in audiocassetta.

Italian

若你需要本信息的繁體中文、大字體或音訊格式的版本，請要求索取。

Cantonese

तमने आ माळिती बीछ भाषाओमां, मोटा अक्षरोमां अथवा सांभजी शकाय जेवा माध्यम (ओडीओ इमेज)मां जेठती छोय तो कृपा करीने पूछो.

Gujarati

تکایہ پرسیار بگہ نہ گہر نہ وزانیاریہت دہوی بہ زمانیکی تر ، بہ پیتی گہورہ یانیش بہ شیوہی دہنگ

Kurdish

آگر آپ کو یہ معلومات دوسری زبانوں میں، بڑے الفاظ کی اشاعت میں یا آڈیو ٹیپ پر درکار ہوں تو براۓ مہربانی اس کیلئے درخواست کریں۔

Urdu



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Document history

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