

Children's Services

Advice for children having an operation

You have come to stay in hospital while you have an operation. You can bring some grown ups with you, like mummy and daddy.

What happens before my operation?

- Some doctors will come and see you.
- You can wear your own pyjamas or you will be given a special gown to wear for your operation.
- You may need to have a plastic tube called a cannula put into the back of your hand.
- You might have some 'magic cream' put on your skin where the plastic tube might go. The real name for this cream is 'EMLA cream'.
- The cream is put onto your skin and then a soft plaster is put over the top. It is left on your skin for about one hour. While it is working you can still play and use your hands.
- When the cream has worked, the soft plaster will be taken off and the cream is wiped away. The area of your skin that the cream has been touching will be 'numb'. This means, when this patch of skin is touched you will not be able to feel it.

Where will I go for my operation?

- When it is time for your operation you will be pushed on your bed or you can walk to the anaesthetic room. (Children don't usually walk, but can be carried by mum or dad).
- This is the room where you will go to sleep. One grown up can come in this room with you, as well as your nurse, until you are fast asleep.

What happens after my operation?

- After your operation you will wake up in a big room called recovery.
- A nurse in blue pyjamas will look after you.
- When you start to wake up, the nurse looking after you will get any grown ups who are with you to come to recovery and sit with you.
- The nurse will want to see how well you are breathing. To find this out they will put a soft, spongy 'peg' on your finger or toe.
- On the monitor some numbers will appear and will show how well you are breathing air into your body.
- It will also show how fast your heart is beating.
- When you wake up you may have a mask over your mouth and nose giving you some special air called oxygen.

What happens if I feel sore when I wake up?

- If you feel sore when you wake up tell the nurse looking after you. The nurse can give you some medicine to make you feel better.

What happens if I feel sick when I wake up?

- If you feel sick when you wake up tell your nurse and they can give you some medicine to make you feel better.

When can I go back to the ward?

- When you are awake and feeling comfortable.
- The nurse looking after you on the ward will come and get you from recovery.
- You are then pushed back to the ward on your bed.

For further information, please speak to your ward nurse.

Please ask if you require this information in other languages, large print or audio format:
01223 216032 or patient.information@addenbrookes.nhs.uk

Potete chiedere di ottenere queste informazioni in altre lingue, in stampato grande o in audiocassetta.

Italian

若你需要本信息的繁體中文、大字體或音訊格式的版本，請要求索取。

Cantonese

तमने आ माळिती बीछ भाषाओमां, मोटा अक्षरोमां अथवा सांभणी शकाय जेवा माध्यम
(ओडीओ इमॅट)मां जेठनी छोय तो कृपा करीने पूछो.

Gujarati

تکایہ پرسیار بکہ نہ گہر نہ وزانیاریہت دہوی بہ زمانیکی تر . بہ بیٹی گہورہ یانیش بہ شیوہی دہنگ

Kurdish

آگر آپ کو یہ معلومات دوسری زبانوں میں، بڑے الفاظ کی اشاعت میں یا آڈیو ٹیپ پر درکار ہوں تو برائے مہربانی اس کیلئے درخواست کریں۔

Urdu



Addenbrooke's is smoke-free. Please do not smoke anywhere on the site.
For advice on quitting, contact your GP or the NHS smoking helpline free, 0800 169 0 169

Document history

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Contact number	01223 217271
Published	March 2007
Review date	March 2009
File name	children_having_operation.doc
Version number	1
Ref	PIN 1497