

Addenbrooke's Treatment Centre Day Surgery Unit

Insertion of grommets

What is a grommet?

It is a small plastic tube which is placed in the eardrum.

What does it do?

The hole in the middle of the grommet allows the ear to fill with air and prevents fluid, which causes deafness.

How long does it stay in the eardrum?

On average six to nine months. Eventually the eardrum pushes the grommet out naturally.

Will more grommets have to be inserted?

Not usually, but some children form fluid again once the eardrum has healed and further grommets are needed.

Can the grommets cause complications?

In the majority of children the presence of the grommet causes little trouble. The grommet can sometimes let infection into the ear which can cause the affected ear to discharge or produce a stain on the child's pillow at night. If that happens contact your family doctor.

Swimming and hair washing

Do not allow swimming and keep the ears dry when hair washing until your child is seen in the clinic for follow up; usually four to six weeks after the operation.

If you are worried about the condition of your child, please contact:

You're General Practitioner

Or

Your consultants Registrar on call on 01223 245151

Or

Day Surgery unit on 01223 256330 (Monday to Friday, 0800 until 2000)

Please ask if you require this information in other languages, large print or audio format:
01223 216032 or patient.information@addenbrookes.nhs.uk

Potete chiedere di ottenere queste informazioni in altre lingue, in stampato grande o in audiocassetta.

Italian

若你需要本信息的繁體中文、大字體或音訊格式的版本，請要求索取。

Cantonese

तमने आ माळिती वीछ भाषाओमां, मोटा अक्षरोमां अथवा सांभजी शकाय जेवा माध्यम
(ओडीओ इमेज)मां जेठती छोय तो कृपा करीने पूछो.

Gujarati

تکایہ پرسیار بکے نہ گھر نہ وزانیاریت دھوی بہ زمانیکی تر , بہ بیٹی گہورہ یانیش بہ شیوہی دھنگ

Kurdish

آگر آپ کو یہ معلومات دوسری زبانوں میں، بڑے الفاظ کی اشاعت میں یا آڈیو ٹیپ پر درکار ہوں تو براۓ مہربانی اس کیلئے درخواست کریں۔

Urdu



Addenbrooke's is smoke-free. Please do not smoke anywhere on the site.
For advice on quitting, contact your GP or the NHS smoking helpline free, 0800 169 0 169

Document history

Authors	Day Surgery Unit
Department	Addenbrooke's Hospital, Cambridge University Hospitals NHS Foundation Trust, Hills Road, Cambridge, CB2 0QQ www.addenbrookes.org.uk
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