

Emergency department

Ketamine – information for parents

To reduce the discomfort and fear your child may have experienced in the Emergency Department today, he/she has been given a sedative medicine called ketamine. This allows treatment to be carried out without causing extra pain and distress.

When you get home your child may still be a bit drowsy. They:

- should not have any food or drink.
- should be observed by a responsible family member.
- should not be allowed to walk on their own for two hours after the ketamine.

They may then be allowed to sleep in a safe place if they want to. If they do not wish to sleep then they should not be left alone until fully awake and co-operative. They should not have other sedative medicines for the next 24 hours and should be closely supervised during the time they are awake.

Common side effects include:

- Vomiting
- Excess saliva
- Hallucinations
- Random movements
- Rash (short lasting)

These will usually occur soon after the medicine is given though you should watch for them for 24 hours. It is safe to give your child simple painkillers such as paracetamol or ibuprofen.

Please ask if you require this information in other languages, large print or audio format:
01223 216032 or patient.information@addenbrookes.nhs.uk

Potete chiedere di ottenere queste informazioni in altre lingue, in stampato grande o in audiocassetta.

Italian

若你需要本信息的繁體中文、大字體或音訊格式的版本，請要求索取。

Cantonese

तमने आ माळिती बीछ भाषाओमां, मोटा अक्षरोमां अथवा सांभली शकाय जेवा माध्यम
(ओडीओ इमेज)मां जेठती छोय तो कृपा करीने पूछो.

Gujarati

تکایہ پرسیار بکے نہ گھر نہ وزانیاریہت دہوی بہ زمانیکی تر ، بہ بیٹی گہورہ یانیش بہ شیوہی دہنگ

Kurdish

آگر آپ کو یہ معلومات دوسری زبانوں میں، بڑے الفاظ کی اشاعت میں یا آڈیو ٹیپ پر درکار ہوں تو براۓ مہربانی اس کیلئے درخواست کریں۔

Urdu



Addenbrooke's is smoke-free. Please do not smoke anywhere on the site.
For advice on quitting, contact your GP or the NHS smoking helpline free, 0800 169 0 169

Document history

Authors	Dr Adrian Boyle
Department	Emergency department, Addenbrooke's Hospital, Cambridge University Hospitals NHS Foundation Trust, Hills Road, Cambridge, CB2 2QQ www.addenbrookes.org.uk
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