

Department of Medical Genetics

East Anglian Medical Genetics Service

The East Anglian medical genetics service provides help with the diagnosis and management of genetic disorders. The service also provides support and information for patients and their families.

Your appointment will be 45 to 60 minutes long and you will meet with a member of the genetics team. There is a high demand for appointments so please would you contact the appointments secretary on **01223 217352** to confirm whether or not you will be able to attend.

If you have any questions, please do not hesitate to contact us. Details of your clinic appointment are on the enclosed letters.

Thank you for your co-operation.

Your appointment at the genetics clinic

What happens at a medical genetics appointment?

Most people are referred so that a member of the genetics team can answer their questions about a genetic condition affecting them or other members of their family.

Typical reasons for referral include:

- There is a genetic condition in your family and you want to know the possible risks to yourself or your children.
- You are worried about a family history of cancer and want to know whether you are at increased risk and, if so, how you can minimise this risk.
- Your child had a medical condition or learning difficulty that may be caused by a genetic condition. Full assessment will help to provide care for your child and advice about whether other children in your family may be affected

What happens during an appointment will vary depending upon the reason for referral. However, most appointments will include:

- Discussion of the problem that has led to the referral.
- Drawing of a family tree to include the medical details of relatives such as their diagnosis and, for deceased relatives, the cause and age of their death. It is very useful

if you can make a note of these details **before** you come to the clinic or can bring a relative who knows the details with you.

- A medical examination may be carried out on one or several family members.
- The doctor or counsellor will explain their findings and discuss with you whether you should consider any investigation or treatment.
- You will be encouraged to ask questions and to make your own decisions. The doctor or counsellor will help you with this but will not tell you what to decide.
- In some situations, tests (such as blood tests) may be offered. Some tests are available at the first appointment but often you will be asked to take time to make a decision and then to come back for the test another day.
- At the end of the appointment a plan may be made for further information gathering, special tests or another appointment.
- Afterwards you usually will be sent a letter going over what was discussed at your appointment. If anything in this is unclear, you should contact the clinic again.

Please ask if you require this information in other languages, large print or audio format: 01223 216032 or patient.information@addenbrookes.nhs.uk

Potete chiedere di ottenere queste informazioni in altre lingue, in stampato grande o in audiocassetta.

Italian

若你需要本信息的繁體中文、大字體或音訊格式的版本，請要求索取。

Cantonese

तमने आ माळिती बीछ भाषाओमां, मोटा अक्षरोमां अथवा सांभजी शकाय जेवा माध्यम (ओडीओ इमेज)मां जेठती छोय तो कृपा करीने पूछो.

Gujarati

تکایه پرسیار بکه نه گهر نه وزانیاریهت دهوی به زمانیکی تر . به پیتی گهوره یانیش به شیوهی دهنگ

Kurdish

آگراپ کو یہ معلومات دوسری زبانوں میں، بڑے الفاظ کی اشاعت میں یا آڈیو ٹیپ پر درکار ہوں تو برائے مہربانی اس کیلئے درخواست کریں۔

Urdu



Addenbrooke's is smoke-free. Please do not smoke anywhere on the site.

For advice on quitting, contact your GP or the NHS smoking helpline free, 0800 169 0 169

Document history

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Contact number	01223 245151
Published	January 2007
Review date	January 2009
File name	EA_med_gen_service.doc
Version number	1
Ref	PIN 1554