

## Department of Oral and Maxillofacial Surgery

# Instructions for patients and their escorts following treatment under sedation

You and your escort/the person who will be looking after you at home should follow these instructions.

Following your treatment under sedation you will be discharged home under the care of your escort. You should rest at home and reduce your activity for the next 24 hours. You are likely to feel drowsy, disorientated and forgetful for the rest of the day as the effect of sedation takes time to wear off. You may also experience some bruising of your arm where a needle was inserted or where the sedation medication was given.

### **It is very important that you follow the instructions below:**

1. Your escort must take you home preferably by private car or taxi for you to be looked after by a responsible adult.
2. You **must not** drive any vehicle, operate any machinery or use any domestic appliance for the next 24 hours following sedation.
3. You **must not** drink any alcohol, return to work, make any important decisions or sign any legal documents for 24 hours after sedation.
4. You should take any medicines you have been prescribed at the usual times unless instructed otherwise.
5. If you are worried or have any problems following your treatment, please telephone the Department of Oral and Maxillofacial Surgery on 01223 216380 or telephone the Addenbrooke's Switchboard on 01223 245151 and ask for the Senior House Officer on call in Oral Surgery.



Addenbrooke's is smoke-free. You cannot smoke on site. For advice on quitting, contact your GP or the NHS smoking helpline free, 0800 169 0 169

Please ask if you require this information in other languages, large print or audio format: 01223 216032 or [patient.information@addenbrookes.nhs.uk](mailto:patient.information@addenbrookes.nhs.uk)

Informacje te można otrzymać w innych językach, w wersji dużym drukiem lub audio. Zamówienia prosimy składać pod numerem: 01223 216032 lub wysyłając e-mail: [patient.information@addenbrookes.nhs.uk](mailto:patient.information@addenbrookes.nhs.uk)

## Polish

Se precisar desta informação num outro idioma, em impressão de letras grandes ou formato áudio por favor telefone para o 01223 216032 ou envie uma mensagem para: [patient.information@addenbrookes.nhs.uk](mailto:patient.information@addenbrookes.nhs.uk)

## Portuguese

Если вам требуется эта информация на другом языке, крупным шрифтом или в аудиоформате, пожалуйста, обращайтесь по телефону 01223 216032 или на вебсайт [patient.information@addenbrookes.nhs.uk](mailto:patient.information@addenbrookes.nhs.uk)

## Russian

若你需要此信息的其他語言版本、大字體版或音頻格式，請致電 01223 216032 或發郵件到: [patient.information@addenbrookes.nhs.uk](mailto:patient.information@addenbrookes.nhs.uk)

## Cantonese

Bu bilgiyi diger dillerde veya büyük baskılı ya da sesli formatta isterseniz lütfen su numaradan kontak kurun: 01223 216032 veya asagıdaki adrese e-posta gönderin: [patient.information@addenbrookes.nhs.uk](mailto:patient.information@addenbrookes.nhs.uk)

## Turkish

এই তথ্য বাংলায়, বড় অক্ষরে বা অডিও টেপে পেতে চাইলে দয়া করে 01223 216032 নম্বরে ফোন করুন বা [patient.information@addenbrookes.nhs.uk](mailto:patient.information@addenbrookes.nhs.uk) ঠিকানায় ই-মেইল করুন।

## Bengali

### Document history

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