

Department of Oral and Maxillofacial Surgery

Bone graft from hip

This leaflet is designed to improve your understanding of your forthcoming treatment and contains answers to many of the common questions. If you have any other questions that the leaflet does not answer or would like a further explanation please ask your surgeon.

What is a hip graft?

One of the easiest ways of filling in a hole in a jaw bone is to use bone from the hip. A 'hip graft' involves collecting bone from the pelvis above the hip joint. You can usually feel the area of bone that will be used since it forms a bony lump some six inches (20cm) above and in front of the hip joint.

What does the surgery involve?

A cut will be made through the skin immediately overlying the section of bone that will be removed. The length of the cut depends on how much bone your surgeon needs. If only a small amount of bone is required the cut may only be a couple of inches long.

What will the area be like once the bone has been removed?

At the end of the operation the incision will be carefully stitched together. Depending on the amount of bone that is removed, a small plastic tube ('drain') may be placed into the wound. This tube is connected to a bottle and allows any tissue fluid or blood to drain out of the wound. The drain usually stays in place for a day or so.

What can I expect after the operation?

- The hip tends to be sore for at least a few days even if only a small amount of bone has been collected.
- If large amounts of bone have been removed, the area may be sore for a couple of weeks.
- As the area around the hip is sore you may have some problems walking and you may need to use a walking stick for a few weeks after the operation.

How long will I be in hospital?

Your length of stay depends not only on your hip graft but also on the other procedures that you have had carried out at the same time. You should expect to stay in hospital for a couple of days.

Do I need to do anything when I get home?

- A dressing will have been put over the hip wound after surgery.
- You need to keep the area dry until the dressing has been removed.
- There are no stitches to be removed as they are buried under the skin.
- You should remember that you cannot drive or operate machinery for 24 hours after a general anaesthetic.
- If you find walking difficult when you get home you may also not be able to drive for a while. It is only safe to drive again when you can safely perform an emergency stop in your vehicle.

Adapted from:

British Association of Oral and Maxillofacial Surgeons.

<http://www.baoms.org.uk/>



Addenbrooke's is smoke-free. You cannot smoke on site. For advice on quitting, contact your GP or the NHS smoking helpline free, 0800 169 0 169

Please ask if you require this information in other languages, large print or audio format: 01223 216032 or patient.information@addenbrookes.nhs.uk

Informacje te można otrzymać w innych językach, w wersji dużym drukiem lub audio. Zamówienia prosimy składać pod numerem: 01223 216032 lub wysyłając e-mail: patient.information@addenbrookes.nhs.uk

Polish

Se precisar desta informação num outro idioma, em impressão de letras grandes ou formato áudio por favor telefone para o 01223 216032 ou envie uma mensagem para: patient.information@addenbrookes.nhs.uk

Portuguese

Если вам требуется эта информация на другом языке, крупным шрифтом или в аудиоформате, пожалуйста, обращайтесь по телефону 01223 216032 или на вебсайт patient.information@addenbrookes.nhs.uk

Russian

若你需要此信息的其他語言版本、大字體版或音頻格式，請致電 01223 216032 或發郵件到: patient.information@addenbrookes.nhs.uk

Cantonese

Bu bilgiyi diger dillerde veya büyük baskılı ya da sesli formatta isterseniz lütfen su numaradan kontak kurun: 01223 216032 veya asagidaki adrese e-posta gönderin: patient.information@addenbrookes.nhs.uk

Turkish

এই তথ্য বাংলায়, বড় অক্ষরে বা অডিও টেপে পেতে চাইলে দয়া করে 01223 216032 নম্বরে ফোন করুন বা patient.information@addenbrookes.nhs.uk ঠিকানায় ই-মেইল করুন।

Bengali

Document History

Authors	Mr David Adlam
Department	Addenbrooke's Hospital, Cambridge University Hospitals NHS Foundation Trust, Hills Road, Cambridge, CB2 0QQ www.addenbrookes.org.uk
Contact number	01223 216635
Published	April 2008
Review date	April 2010
File name	Bone_graft_v2.doc
Version number	2
Document supersedes	Bone_graft.doc, version 1, April 2006-2008
Ref	PIN687