
Department of Cardiology/Pharmacy

ACE-Inhibitors

Examples:	Captopril	Ramipril
	Enalapril	Perindopril
	Lisinopril	Trandalopril

Action

ACE-Inhibitors are used to treat many problems. They:

- help to control high blood pressure
- help to cut down the work load of your heart
- help to reduce problems after a heart attack if your heart has been damaged

Taking your ACE-inhibitor

Your doctor will choose which ACE-inhibitor you should take. Some are taken once a day but some are taken more often. Your doctor might increase the dose of your ACE-inhibitor until you get the most benefit from it. Always follow the instructions on the label of your medicine.

Problems to watch for

- You might feel dizzy when you take the first dose of an ACE-inhibitor. Your doctor will probably advise you to take the first dose at bedtime or when you are lying down.
- If you are taking an ACE-inhibitor to help your heart to work better, you must tell your doctor if you notice that you are getting more short of breath or if your ankles start to swell.
- ACE-inhibitors can cause some side effects. Tell your doctor if you get: problems with:
 - A persistent dry cough
 - A skin rash
 - A sore throat or high temperature which keep coming back
 - Swelling of your throat or face
 - An upset stomach, indigestion, diarrhoea or constipation
- Women who are pregnant should not take ACE-inhibitors.
- Women who are breast-feeding should talk to the doctor before taking an ACE-inhibitor. The doctor will want to discuss the risks and benefits with you.
- Tell your doctor if you notice any strange effects from taking your ACE-inhibitor.

Please ask if you require this information in other languages, large print or audio format:
01223 216032 or patient.information@addenbrookes.nhs.uk

Potete chiedere di ottenere queste informazioni in altre lingue, in stampato grande o in audiocassetta.

Italian

若你需要本信息的繁體中文、大字體或音訊格式的版本，請要求索取。

Cantonese

तमने आ माहिती वीछ भाषाओमां, मोटा अक्षरोमां अथवा सांभजी शकाय जेवा माध्यम
(ओडीओ इमेज)मां जेठती छोय तो कृपा करीने पूछो.

Gujarati

تکایه پرسیار بکه ته گهر نهوزانیاریهت دهوی به زمانیکی تر ، به پیتی گهوره یانیش به شیوهی دهنگ

Kurdish

آگ آپ کو یہ معلومات دوسری زبانوں میں، بڑے الفاظ کی اشاعت میں یا آڈیو ٹیپ پر درکار ہوں تو برائے مہربانی اس کیلئے درخواست کریں۔

Urdu



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Document history

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