
Department of Cardiology/Pharmacy

Aspirin

Action

A low dose of aspirin helps to stop blood clots. It lowers the risk of you having a heart attack or stroke. It is usually given to people:

- who have already had a heart attack
- who have already had a stroke
- who have angina
- who have problems with their blood circulation that could lead to a heart attack or stroke.

Taking your aspirin

Take your dose at the same time each day. Aspirin is usually taken in the morning with or soon after a meal. There are **two** types of aspirin:

- **Soluble aspirin** – dissolve the tablet in a little water and drink the mixture.
- **Enteric coated aspirin** – swallowed the tablet whole and wash it down with a little water. The tablet must not be crushed or chewed.

Problems to watch out for

- People who have had a stomach ulcer should not take aspirin. Your doctor can give you another medicine to reduce the risk of blood clots.
- Tell your doctor if you get stomach upset or stomach pain after taking aspirin.
- Tell your doctor if you see blood in your vomit or faeces while taking aspirin.
- Tell your doctor if you feel wheezy after taking aspirin.
- Do not take any other medicines containing aspirin. The amount is too small to help with pain relief. If you need a pain killer, paracetamol is usually safe to take.
- Tell your doctor if you get any unusual effects from taking aspirin.
- Children under the age of 16 years should not normally take aspirin unless the doctor tells them to.
- Women who are pregnant or breast-feeding should not take aspirin unless the doctor tells them to.

Please ask if you require this information in other languages, large print or audio format:
01223 216032 or patient.information@addenbrookes.nhs.uk

Potete chiedere di ottenere queste informazioni in altre lingue, in stampato grande o in audiocassetta.

Italian

若你需要本信息的繁體中文、大字體或音訊格式的版本，請要求索取。

Cantonese

तमने आ माहिती वीछ भाषाओमां, मोटा अक्षरोमां अथवा सांभजी शकाय जेवा माध्यम
(ओडीओ इमेज)मां जेठती छोय तो कृपा करीने पूछो.

Gujarati

تکایه پرسیار بکه ته گهر نهوزانیاریهت دهوی به زمانیکی تر ، به پیتی گهوره یانیش به شیوهی دهنگ

Kurdish

آگر آپ کو یہ معلومات دوسری زبانوں میں، بڑے الفاظ کی اشاعت میں یا آڈیو ٹیپ پر درکار ہوں تو برائے مہربانی اس کیلئے درخواست کریں۔

Urdu



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Document history

Authors	Pharmacy department
Department	Addenbrooke's Hospital, Cambridge University Hospitals NHS Foundation Trust, Hills Road, Cambridge, CB2 2QQ www.addenbrookes.org.uk
Contact number	01223 245151
Published	March 2007
Review date	March 2009
File name	aspirin.doc
Version number	1
Ref	PIN 1593