

## Department of Medicine / Ward F5

# Welcome to Ward F5

### About Ward F5:

Ward F5 is a 28 bedded ward. It is a medical and hepatology ward. The ward is divided into four rooms and four bays each containing six beds, the bays are single sex only. Patients may be admitted to the ward from the waiting list, or as emergencies.

### Contact Details:

Telephone Numbers: 01223 217435

### Directions and Travel:

- Turn right when you come in the main entrance. Turn left and go past the hairdressers to the lifts. Go to level five and turn left. Follow the corridor and you will come to F5 on the left at the end.
- If you are likely to be hospitalised for two weeks or more, your visitors can get a discounted parking ticket from the main reception. This allows you to exit from the car parks for 14 consecutive days from the day you validate the ticket.

### Staff:

If you would like to find out 'who's who' on the ward, please see the ward notice board. It contains the names and pictures of the staff on the ward.

### On your Arrival:

Once you have been shown to your bed space your observations will be recorded. You will then be asked a series of questions by your admitting nurse. If you have come in off the waiting list you will be seen by a doctor. If this is at the weekend or after 1800 hours, this will be a cover doctor.

### Visiting Hours:

- Visiting hours are between 1430 and 2030
- Only three visitors are allowed at one time.
  - When you have visitors, please be considerate of other patients, who may be feeling very unwell; a lot of noise or commotion may prevent them from resting.
- Visitors may bring you gifts if they like. At present flowers are allowed on the ward although this may change in the future, so please ask.
- To help us prevent the spread of any infections, please ask visitors to use the hand rub at the entrance to the ward on arrival and on leaving.

**Infection Control:**

- Addenbrooke's has a number advice leaflets for patients and their visitors about infection control. They can be accessed from the Addenbrooke's website: <http://www.addenbrookes.org.uk/patientinformation/index.html#i>

If you do not have access to the Internet, please contact PALS on 01223 216756 or extension 2756.

**Food and Drink:**

- Breakfast is served at 0800 hours.
- Lunch is served at 1230 hours.
- Dinner is served at 1730 hours.
- If you miss a meal, please let a member of staff know.
- You can have food brought in for you. If you are able, you may go to the concourse to eat.
- Tea rounds take place at varying times: Approx: 0800, 1030, 1230, 1530, 1730 and 1930 hours.

**Ward Facilities:**

- There is a shower available on the ward.
- Toilets are for patient use only.
- There is a communal TV room/day room for visitors
- For relatives and friends wishing to send mail please address it to the ward and we will ensure it is passed on.
- The wending machine for Patientline cards are located near the C and D wards.
- All communication regarding Patientline is done through your bedside TV unit.
- We would ask you to ensure that you have your own supply of toiletries to use during your stay. If you are admitted as an emergency we will provide you with something for the first 24 hours after which we would expect you to provide your own.

**Clothing and Laundry:**

- Please asked relatives or friends take responsibility for laundering your clothes.
- You can get dressed as normal during the day. If you are required to wear a gown for an investigation you will be informed of this.

**Who to contact for further advice/questions**

You may phone the ward at any time. Please be aware, however, that you will only be given very limited information over the phone. If they would like more details then they must arrange a meeting.

- To discuss care issues, please contact the Ward Manager.

## Drug Rounds

- Please try not to interrupt the nursing staff while they are doing the 'drug round' or checking medicines.

## Doctor's Ward Rounds

Consultant ward rounds take place twice a week. You will, however, be seen by a member of the medical team on a daily basis during the week. If you or your family wish to see a doctor outside these times please speak to the nursing staff who will try and arrange this for you.

Please ask if you require this information in other languages, large print or audio format: 01223 216032 or [patient.information@addenbrookes.nhs.uk](mailto:patient.information@addenbrookes.nhs.uk)

Potete chiedere di ottenere queste informazioni in altre lingue, in stampato grande o in audiocassetta.

### Italian

若你需要本信息的繁體中文、大字體或音訊格式的版本，請要求索取。

### Cantonese

तमने आ माळिती बीछ भाषाओमां, मोटा अक्षरोमां अथवा सांभजी शकाय जेवा माध्यम (ओडीओ डोमेट)मां जेठती छोय तो कृपा करीने पूछो.

### Gujarati

تکایہ پرسیار بکہ نہ گہر نہ وزانیاریہت دہوی بہ زمانیکی تر , بہ پیتی گہورہ یانیش بہ شیوہی دہنگ

### Kurdish

اگر آپ کو یہ معلومات دوسری زبانوں میں، بڑے الفاظ کی اشاعت میں یا آڈیو ٹیپ پر درکار ہوں تو براۓ مہربانی اس کیلئے درخواست کریں۔

### Urdu

## Document History

Authors	Julie Chapman, Ward Manager F5
Department	Addenbrooke's Hospital, Cambridge University Hospitals NHS Foundation Trust, Hills Road, Cambridge, CB2 2QQ <a href="http://www.addenbrookes.org.uk">www.addenbrookes.org.uk</a>
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