

Ward G5

Welcome to ward G5

About Ward G5:

G5 is a 24 bedded ward. There are four bays of six beds as well as four side rooms. The ward is divided into two teams, the green and the blue team. Each patient will be cared for by a team of nurses, with a senior nurse in charge. The nurses in your team will come to see you in the morning so that you know who will care for you on that day.

The ward also has a physiotherapist, occupational therapist, discharge planning nurse and social worker attached to it. Soon after your admission, we will ask you about your 'home' situation so that we can plan your discharge. This is so that you will be able to go home as soon as you are medically fit. If you think you may have difficulties coping at home, please let staff know as soon as possible.

Contact Details:

- Ward manager: Marja Khalifa
- Junior sisters: Helen Covill, Louise Avory, Sally Fox and Cristina Garcia-Suero
- Consultants: Dr Middleton, Dr Parkes, Dr Woodward and Dr Lee.
- Telephone numbers: 01223 217711 or 01223 586900.

Directions and Travel:

- Turn right when you come in the main entrance. Turn left and go past the hairdressers to the lifts. Go to level five and turn left. Follow the corridor and you will come to G5 on the right at the end.
- If you are likely to be hospitalised for two weeks or more, your visitors can get a discounted parking ticket from the main reception. This allows you to exit from the car parks for 14 consecutive days from the day you validate the ticket.

Staff:

If you would like to find out 'who's who' on the ward, please see the ward notice board. It contains the names and pictures of the staff on the ward. The ward manager wears a dark blue uniform, junior sisters wear royal blue and healthcare assistants wear grey stripy uniforms.

On your Arrival:

You will be taken to your bed and staff will help you with settling in and unpacking. You will be shown around the ward and will have a nursing assessment done. Depending on your medical condition on arrival, you may be seen by a doctor.

If you come in as an emergency admission, the ward can provide all the necessary clothes and toiletries that you will need for 24 hours. After this time, we would like it if family or friends could bring some of your own things in. You can wear your own clothes once you are able to be up and out of bed.

Visiting Hours:

- Visitors can visit at any time, except between 1230 and 1500 hours.
- Please limit visitors to three a bedside at any one time.
 - When you have visitors, please be considerate of other patients, who may be feeling very unwell; a lot of noise or commotion may prevent them from resting.
- Flowers, cards and small food items are allowed, but please ask your friends and family not to bring too many items in, as we have not got the facilities to store anything on the ward.
- To help us prevent the spread of any infections, please ask visitors to use the hand rub at the entrance to the ward on arrival and on leaving.

Infection Control:

- Addenbrooke's has a number advice leaflets for patients and their visitors about infection control. They can be accessed from the Addenbrooke's website: <http://www.addenbrookes.org.uk/patientinformation/index.html#i>

If you do not have access to the Internet, please contact PALS on 01223 216756 or extension 2756.

Food and Drink:

- Breakfast is served between 0800 and 0830 hours.
- Lunch is served at 1230 hours.
- Dinner is served at 1730 hours.

From 1230 to 1330 we adhere strictly to a **protected meal time policy**. During this time all activity on the ward is reduced to only the urgent patient care and urgent investigations. Staff will, at this time, concentrate on the nutritional needs of the patients and only relatives who help to feed a patient, are permitted to remain on the ward during this time. We try to minimise any visits to scans or other investigations until after 1330 hours. If you are asked to go for any investigation during the mealtime we will order you something from the trusts 'missed meal' service. Please let a member of staff know if you would like this service.

- Tea /coffee rounds take place several times each day, including after meals.
- Between meals you can also ask for a snack, a biscuit or a piece of fruit.

After lunch we have a quiet time so that all patients get some rest. As the ward is very busy, this quiet time is valued by the patients and we therefore request that all friends and relatives respect this.

Ward Facilities:

- Showers and bathrooms are available on the ward
- Toilets are for patient use only. There are toilets for visitors by the C/D block lifts.
- There is a communal TV room/day room for visitors and patients. There is a large screen TV and DVD player for you to watch your own programmes. There is a comfortable sofa and chairs for your relaxation as well as a dining room table and chairs should you wish to have your meal there.
- For relatives and friends wishing to send mail please address it to the ward and we will ensure it is passed on.
- The nearest Vending machine for Patient Line cards is located outside D5. If you would like to be connected to Patient Line, please pick up the receiver and call the operator who will send a Patient Line assistant to the ward.

Clothing and Laundry:

- We can provide hospital pyjamas/night dresses as well as toiletries. Please ask your family to bring your own clothes and toiletries when they next visit.
- We would ask relatives to take washing home as soon as possible. If you live far away and do not get visitors, we can arrange for your clothes to be laundered. Please ask a member of staff about this.

Who to contact for further advice/questions

If your relatives want to phone the ward to ask about you, we kindly ask that **one** member of the family be a liaison between patient/family/and the ward. This would greatly reduce the time nurses need to spend on the phone.

If a relative would like to speak to a nurse or doctor, but is unable to come to the ward at a convenient time, we can arrange for the doctor to contact the relative or arrange a time that may suit. Let the nursing staff know and they will do their best to arrange this.

- Please call after 8:00 am, the changeover of nursing staff will be complete by this time.
- To discuss care issues, please contact the Ward Manager.

Drug Rounds

- Please try not to interrupt the nursing staff while they are doing the 'drug round' or checking medicines.

Doctor's Ward Rounds

- There will be a ward round daily by a registrar or one of the house officers.

- You may not see your consultant every day. The Consultants ward rounds take place twice each week but they do come to the ward on a daily basis to deal with any urgent issues.

Please ask if you require this information in other languages, large print or audio format: 01223 216032 or patient.information@addenbrookes.nhs.uk

Potete chiedere di ottenere queste informazioni in altre lingue, in stampato grande o in audiocassetta.

Italian

若你需要本信息的繁體中文、大字體或音訊格式的版本，請要求索取。

Cantonese

तमने आ माहिती वीछ भाषाओमां, मोटा अक्षरोमां अथवा सांभजी शकाय जेवा माध्यम (ओडीओ इमेज)मां जेठती छोय तो कृपा करीने पूछो.

Gujarati

تکایہ پرسیار بکے نہ گھر نہ وزانیاریہت دھوی بہ زمانیکی تر , بہ بیٹی گہورہ یانیش بہ شیوہی دہنگ

Kurdish

آگر آپ کو یہ معلومات دوسری زبانوں میں، بڑے الفاظ کی اشاعت میں یا آڈیو ٹیپ پر درکار ہوں تو براۓ مہربانی اس کیلئے درخواست کریں۔

Urdu



Addenbrooke's is smoke-free. Please do not smoke anywhere on the site. For advice on quitting, contact your GP or the NHS smoking helpline free, 0800 169 0 169

Document History

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