

## Neurosciences

# Welcome to Ward A4

### About Ward A4

A4 is a 26 bed ward specialising in neurology and neurosurgery ward. A4 cares for men and women over 16 years of age from the whole of East Anglia and beyond.

### Contact Details:

Telephone: 01223 217216

### Directions and Travel:

- From main reception, turn right into the shopping "concourse". Turn left immediately and you will come to a hairdressing salon. At the hairdressers, turn left and follow the long corridor. At the end of the corridor turn right and you reach the "A" block lifts. Take lift to level 4.
- If you are likely to be hospitalised for two weeks or more, your visitors can get a discounted parking ticket from the main reception. This allows you to exit from the car parks for 14 consecutive days from the day you validate the ticket.

### Staff:

- The ward manager is Helen Reeve who is dressed in navy blue.
- Junior sisters are: Barbara Nierinck, Clare Wilks, Marie-Louise Tak and Nataliya May. They wear royal blue uniforms.
- Staff nurses wear blue and white striped uniforms.
- Health Care assistants wear white, gold and grey stripes and the ward assistants wear green uniforms.
- The Senior Clinical Nurse (Modern Matron) for neurosciences is Charlotte Hocter.

### On your Arrival:

Please come to the desk which is on the left hand side and half of the way down the ward. You will be shown to your bed as soon as it is available and all your documentation and nursing assessments will be done. You will see the doctor who will examine you and discuss your medical care.

### Visiting Hours:

- Visiting times are between **1000** and **1200** and between **1400** and **20.00** hours.
- Only a maximum of **two visitors** are allowed at the bedside at any one time.
- When you have visitors, please be considerate of other patients, who may be feeling very unwell; a lot of noise or commotion may prevent them from resting.

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- Flowers in water are not permitted on the ward, although you may have plants or flowers in oasis.
  - To help us prevent the spread of any infections, please ask visitors to use the hand rub at the entrance to the ward on arrival and on leaving.

### **Infection Control:**

- Addenbrooke's has a number advice leaflets for patients and their visitors about infection control. They can be accessed from the Addenbrooke's website:  
<http://www.addenbrookes.org.uk/patientinformation/index.html#i>

If you do not have access to the Internet, please contact PALS on 01223 216756 or extension 2756.

### **Food and Drink:**

- Meals are provided at the following times:  
**Breakfast:** 0700 and 0800 hours  
**Lunch:** 1200 and 1230 hours  
**Dinner:** 1700 and 1800 hours
- If you miss a meal, please let us know as you may have a cold meal (Salad) or a snack.
- You may bring food and drink with you, but there are no facilities for refrigerating or reheating of your own food
- There will be tea rounds at 1000, 1500 and 1900 hours where hot drinks, biscuits and cakes are usually available.

### **Ward Facilities:**

- There are two showers and a bath for patients' use.
- Visitor's toilets are on level 2 opposite the lift.
- A small communal TV room / Day room for visitors and patients is available.
- Post should be addressed to Ward A4, Box 3, Addenbrookes Hospital, Hills Road, Cambridge, CB2 2QQ.
- A vending machine for Patientline cards is outside the ward, opposite the lifts
- If patientline is not working at the bedside, there is an operator call button on the personal phone handset.

### **Clothing and Laundry:**

- Relatives or friends must take responsibility for laundering clothes. A washing machine is available for emergencies (soiled washing only)
- Patients are encouraged to wear day clothes during the day.

### **Who to contact for further advice/questions**

Please ring A4 between 0730 and 1600 hours if you have any queries. To discuss care issues, please contact the Ward Manager.

## Drug Rounds

- Please try not to interrupt the nursing staff while they are doing the 'drug round' or checking medicines.

## Doctor's Ward Rounds

A Senior House Officer (SHO) and/or Specialist Registrar (SpR) will usually see you daily. Please note you will not see your consultant every day.

Please ask if you require this information in other languages, large print or audio format: 01223 216032 or [patient.information@addenbrookes.nhs.uk](mailto:patient.information@addenbrookes.nhs.uk)

Potete chiedere di ottenere queste informazioni in altre lingue, in stampato grande o in audiocassetta.

### Italian

若你需要本信息的繁體中文、大字體或音訊格式的版本，請要求索取。

### Cantonese

तमने आ माहिती ची छ भाषाओमां, मोटा अक्षरोमां अथवा सांभणी शकाय जेवा माध्यम (ओडीओ इमेज)मां जेठनी छीय तो कृपा करीने पूछो.

### Gujarati

تکایہ پرسیار بکہ نہ گہر نہ وزانیاریہت دہوی بہ زمانیکی تر . بہ پیتی گہورہ یانیش بہ شیوہی دہنگ

### Kurdish

آگراپ کو یہ معلومات دوسری زبانوں میں، بڑے الفاظ کی اشاعت میں یا آڈیو ٹیپ پروکارہوں تو ہر اے مہربانی اس کیلئے درخواست کریں۔

### Urdu



Addenbrooke's is smoke-free. Please do not smoke anywhere on the site.  
For advice on quitting, contact your GP or the NHS smoking helpline free, 0800 169 0 169

## Document History

Authors	Helen Reeve, Barbara Nierinck, Clare Wilks
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Contact number	01223 217216
Published	May 2006
Review date	May 2008
File name	Ward_routine_A4.doc
Version number	1
Ref	PIN 1180