

Department of Medicine for the Elderly

Welcome to F3

About F3:

Ward F3 is a 28 bedded medical ward specialising in older people with different medical problems and complex medical discharge needs.

Contact Details:

Telephone: 01223 217567 or 01223 217569.

Directions and Travel:

- From main reception follow the signs towards F and G block through the concourse. Take the stairs or lift to level 3. On entering the F and G block, turn left, the nurse's station is at the far end of the ward.
- If you are likely to be hospitalised for two weeks or more, your visitors can get a discounted parking ticket from the main reception. This allows you to exit from the car parks for 14 consecutive days from the day you validate the ticket.

Staff:

If you would like to find out 'who's who' on the ward, please see the ward notice board. It contains the names and pictures of the staff on the ward.

On your Arrival:

When you arrive on the ward you will be greeted by ward staff who will settle you into your bed area. You will be given a leaflet explaining more about the ward and any routines and procedures that may be undertaken.

Visiting Hours:

- **1100 to 1300 and 1500 to 2000 hours every day except Monday and Wednesday morning** when doctors are doing their rounds. Visiting is only allowed in the afternoons on these two days.
- Please try and limit visitors to three per bed.
 - When you have visitors, please be considerate of other patients, who may be feeling very unwell; a lot of noise or commotion may prevent them from resting.
- Flowers are permitted on the ward, but a maximum of two vases per table are allowed,
- To help us prevent the spread of any infections, please ask visitors to use the hand rub at the entrance to the ward on arrival and on leaving.

Infection Control:

- Addenbrooke's has a number advice leaflets for patients and their visitors about infection control. They can be accessed from the Addenbrooke's website: <http://www.addenbrookes.org.uk/patientinformation/index.html#i>

If you do not have access to the Internet, please contact PALS on 01223 216756 or extension 2756.

Food and Drink:

- **Breakfast: 0800**
- **Lunch: 1230**
- **Dinner: 1730**
- If you miss a meal one can be ordered for you.
- Food and drink may be brought in from home but it cannot be heated on the ward.
- Tea rounds are at **0800, 1000, 1200, 1500, 1700 and 1900** hours.

Ward Facilities:

- There is a shower available on the ward
- Toilets are for patients use only (visitor toilets are located by the lifts).
- There is a communal dayroom on the ward for patients and visitors.
- For relatives and friends wishing to send mail please address it to the ward and we will ensure it is passed on.
- The vending machine for Patientline cards is outside the C and D level three wards.
- Please inform staff if Patientline is not working and they will contact someone to come and assist.

Clothing and Laundry:

- Relatives or friends must take responsibility for laundering clothes although a limited laundry service is available for patients without any visitors.
- Patients are encouraged to dress in their day clothes, but please ensure that they are clearly labelled.

Who to contact for further advice/questions

Please contact Sally Brown/Georgina Forbes who are the joint ward managers on 01223 217567 for any further information.

- Please call after 0800, the changeover of nursing staff will be complete by this time.
- To discuss care issues, please contact the Ward Manager.

Drug Rounds

- Please try not to interrupt the nursing staff while they are doing the 'drug round' or checking medicines.

Doctor's Ward Rounds

The consultant for ward F3 is Dr Jane Wilson. She conducts her formal ward round on a Monday and Wednesday morning. If you wish to make an appointment to see her, please contact her secretary Sandra Dunn on 01223 217784.

- Please note you may not see your consultant everyday.

This document is also available in other languages, large print and audio format upon request – 01223 216032 or patient.information@addenbrookes.nhs.uk

本文件也可應要求，製作成其他語文或特大字體版本，也可製作成錄音帶。

Cantonese

આ દસ્તાવેજ વિનંતી કરવાથી બીજી ભાષાઓ, મોટા છાપેલા અક્ષરો અથવા ઓડિઓ રચનામાં પણ મળી રહેશે.

Gujarati

A richiesta questo documento è anche disponibile in altre lingue, a caratteri grandi e in formato audio.

Italian

ئەم بەلگەییە ھەرۆھە بە زمانەکانی کە، بە چاپی درشت و بە شریتی تەسجیل دەس دەکەوێت

Kurdish

درخواست پر یہ دستاویز دیگر زبانوں میں، بڑے حروف کی چھپائی اور سننے والے ذرائع پر بھی میسر ہے۔

Urdu



Addenbrooke's is smoke-free. Please do not smoke anywhere on the site.

For advice on quitting, contact your GP or the NHS smoking helpline free, 0800 169 0 169.

Document History

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