

Department of Medicine for the Elderly – ward G4

Welcome to G4

About ward G4:

G4 is a medical ward specialising in the complex needs of the older person. Patients are normally admitted via the Emergency Assessment Unit with an acute medical condition.

Contact details:

Nurses station: 01223 217493 or 01223 217498

Ward manager: 01223 217494

Directions and travel:

- Directions from main reception: Head through the main concourse and go past the lifts for the C+D block. Half way down the next corridor you will find a staircase on your right, and lifts to your left. Ward G4 is on level four, at the end of the corridor on the right hand side.
- If you are likely to be hospitalised for two weeks or more, your visitors can get a discounted parking ticket from the main reception. This allows you to exit from the car parks for 14 consecutive days from the day you validate the ticket.

Staff:

If you would like to find out 'who's who' on the ward, please see the ward notice board. It contains the names and pictures of the staff on the ward.

On your arrival:

When you arrive you will be transferred onto a new bed. The nurse may ask you some questions about your general health, and let you know about the ward routine, and what you can expect from us.

Visiting hours:

- Visiting times are from 1100 to 1300, and 1500 to 2000 hours. If you have difficulties meeting these times, please speak to the ward manager or the nurse in charge.

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- Your visitors may be asked to leave the ward whilst the doctors conduct their ward round. This is in order to protect the privacy of other patients.
 - There is no fixed limit to the number of visitors, but if there is a large group, some of them may be asked to wait in the day room.
 - When you have visitors, please be considerate of other patients, who may be feeling very unwell; a lot of noise or commotion may prevent them from resting.
 - As space is limited, we prefer not to have too many flowers on the ward, or they may be placed on a central table rather than at the bedside. More suitable gifts for patients include toiletries, food and drink, or reading materials.
 - To help us prevent the spread of any infections, please ask visitors to use the hand rub at the entrance to the ward on arrival and on leaving.

Infection control:

- Addenbrooke's has a number advice leaflets for patients and their visitors about infection control. They can be accessed from the Addenbrooke's website: <http://www.addenbrookes.org.uk/patientinformation/index.html#i>
- If you do not have access to the Internet, please contact PALS on 01223 216756 or extension 2756.

Food and drink:

- Meal times: Breakfast is served between 0730 and 0830 hours
Lunch is served between 1200 and 1300 hours
Supper is served between 1730 and 1800 Hours
- A hot meal is served at lunchtime, but there is always a hot option at suppertime also.
- If you miss a meal, the nurses can make you a snack from provisions held in the ward kitchen, or order a meal from the main kitchens.
- You can bring in your own food and drink. We cannot reheat food for you, but we can store food in the ward fridge provided it is unopened and labelled with your name.
- Hot drinks rounds occur at meal times, and mid morning, mid afternoon, and early evening. If you want a hot drink between these times, the nurses will be happy to do this for you. Drinks from the trolley are for patients only. If your visitors want a drink, there are a number of vending machines situated around the hospital.

Ward facilities:

- Visitors are encouraged not to use patient toilets. There are public toilets situated near the lifts, and in the main concourse.
- There is a day room which visitors and patients are welcome to use.
- Post is delivered to the ward twice a day. If you need to post anything, please give it to a nurse and they will be happy to make sure it goes to the postroom.

- There are televisions from Patientline located above every bed that are operated via a paycard. Vending machines for these are located in the lift lobbies. If you state that you are over 75 when registering with Patientline, the television charges are half price.
- If Patientline is not working, please inform one of the nurses.

Clothing and laundry:

- Please feel free to wear your day clothes whilst in hospital. We do have a very limited laundry service, so would ask that if you do have someone who can do this for you, this is preferable.

Who to contact for further advice/questions

If you want any further information, please telephone the ward and ask to speak to the nurse in charge, or alternatively telephone the Ward Manager directly on the numbers listed above.

- Please avoid calling between 0700 and 0800, and 1400 and 1500 where possible as this is when the nurses are having their shift changeover
- To discuss care issues, please contact the Ward Manager.

Drug rounds

- Please try not to interrupt the nursing staff while they are doing the 'drug round' or checking medicines.

Doctor's ward rounds

You can expect to see the doctors every weekday. The Consultant is Dr Forsyth, and his ward round is on Mondays and Thursdays. If you or your family would like to meet with him to discuss your care in more detail it is preferable to make an appointment via his secretary on 01223 217785.

Please ask if you require this information in other languages, large print or audio format: 01223 216032 or patient.information@addenbrookes.nhs.uk

Potete chiedere di ottenere queste informazioni in altre lingue, in stampato grande o in audiocassetta.

Italian

若你需要本信息的繁體中文、大字體或音訊格式的版本，請要求索取。

Cantonese

तमने आ माळिती भीछ भाषाओमां, मोटा अक्षरोमां अथवा सांभणी शकाय ओवा माध्यम (ओडीओ इमेज)मां जेठनी छीय तो कृपा करीने पूछो.

Gujarati

تکایہ پرسپار بکہ نہ گہر نہ وزانیاریہت دہوی بہ زمانیکی تر . بہ بیٹی گہورہ یانیش بہ شیوہی دہنگ

Kurdish

آگر آپ کو یہ معلومات دوسری زبانوں میں، بڑے الفاظ کی اشاعت میں یا آڈیو ٹیپ پروکارہوں تو ہر اے مہربانی اس کیلئے درخواست کریں۔

Urdu



Addenbrooke's is smoke-free. Please do not smoke anywhere on the site.
For advice on quitting, contact your GP or the NHS smoking helpline free, 0800 169 0 169

Document History

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