

## Ward D4

# Welcome to ward D4

D4 is a 28 bed plastic and reconstructive surgery ward. We have a wide variety of patients from emergency and trauma patients to elective patients. The ward specialises in breast reconstruction, skin cancer and grafting.

### Contact details:

Telephone: 01223 217196/ 01223 217264

### Directions and travel:

- Upon entering main reception turn right into the concourse and bear left towards the lifts. Take the lift or the stairs directly to level four. On exit turn left and ward D4 is on your right hand side.
- If you are likely to be hospitalised for two weeks or more, your visitors can get a discounted parking ticket from the main reception. This allows you to exit from the car parks for 14 consecutive days from the day you validate the ticket.

### Staff:

If you would like to find out 'who's who' on the ward, please see the ward notice board. It contains the names and pictures of the staff on the ward or ask for a ward leaflet.

### On your arrival:

Head immediately to the reception desk where you will be greeted by the ward clerk. They will ask you to sit in the day room or you will be shown to your designated bed space if it's available.

Upon arriving to your bed space, please make yourself comfortable and a nurse from your designated team will orientate you to the ward.

### Visiting hours:

- Visiting times are between 1400 and 2000 hours (if these times are inconvenient please liaise with the nurse in charge).
- Only two visitors are allowed at one time.
  - When you have visitors, please be considerate of other patients, who may be feeling very unwell; a lot of noise or commotion may prevent them from resting.
- Flowers are not allowed on the ward to help prevent the spread of infection.
- To help us prevent the spread of any infections, please ask visitors to use the hand rub at the entrance to the ward on arrival and on leaving.

**Infection control:**

- Addenbrooke's has a number advice leaflets for patients and their visitors about infection control. They can be accessed from the Addenbrooke's website: <http://www.addenbrookes.org.uk/patientinformation/index.html#i>

If you do not have access to the Internet, please contact PALS on 01223 216756 or extension 2756.

**Food and drink:**

- Meal times are served at the following times:
  - Breakfast: 0800 hours
  - Lunch: 1200 hours
  - Dinner: 1700 hours
- If you miss a meal please speak to a member of nursing staff who can order either a hot meal or a sandwich for you.
- You may bring food and drink to the ward. However, we do have limited space for storage in our ward fridge. We cannot reheat any food.
- There are two tea rounds, one between breakfast and lunch and one between lunch and dinner. This shall be provided by the ward assistant staff. If time allows, a hot drink is also offered prior to going to bed in the evening by the nursing staff.

**Ward facilities:**

- There are individual showers and bathrooms throughout the ward.
- Toilets on the ward are for patient use only. Visitors' toilets are just off the ward on the left, next to the lift.
- There is a communal day room for patients awaiting beds and for visitors to use.
- Post may be sent directly to D4, box 18 and staff shall give it out on a daily basis.
- The vending machine for Patientline cards are immediately off the ward on the left.
- If Patient line stopped working, please call the operator from the handset yourself or ask a member of nursing staff.

**Clothing and laundry:**

- We ask relatives or friends to take responsibility for laundering clothes.
- In exceptional circumstances, the ward can ask the hospital laundering service to assist. Valuables are brought in at your own risk and we advise these to be limited.

**Who to contact for further advice/questions**

If you have any further questions please call the ward directly.

- Please call after 0800 hours, the changeover of nursing staff will be complete by this time.

- To discuss care issues, please contact the Lisa Brignell, Ward Manager.

## Drug rounds

- Drugs rounds are completed four times a day. Please ensure that you ask nursing staff in between rounds if medications such as pain relief are needed in between these times.
- Please try not to interrupt the nursing staff while they are doing the 'drug round' or checking medicines.

## Doctor's ward rounds

Doctors' rounds are carried out at 0800 hours by the SHOs and registrars for plastic surgery.

- Please note you may not see your consultant everyday.

Please ask if you require this information in other languages, large print or audio format: 01223 216032 or [patient.information@addenbrookes.nhs.uk](mailto:patient.information@addenbrookes.nhs.uk)

Potete chiedere di ottenere queste informazioni in altre lingue, in stampato grande o in audiocassetta.

## Italian

若你需要本信息的繁體中文、大字體或音訊格式的版本，請要求索取。

## Cantonese

तमने आ माहिती नीळ भाषाओमां, मोटा अक्षरोमां अथवा सांभिणी शकाय जेवा माध्यम (ओडीओ इमेज)मां जेठनी छोय तो कृपा करीने पूछो.

## Gujarati

تکایہ پرسیار بکھ نہ گھر نہ وزانیاریہت دھوی بہ زمانیکی تر , بہ پیتی گہورہ یانیش بہ شیوہی دہنگ

## Kurdish

آگراپ کو یہ معلومات دوسری زبانوں میں، بڑے الفاظ کی اشاعت میں یا آڈیو ٹیپ پر درکار ہوں تو ہر ایسے مہربانی اس کیلئے درخواست کریں۔

## Urdu



Addenbrooke's is smoke-free. Please do not smoke anywhere on the site.

For advice on quitting, contact your GP or the NHS smoking helpline free, 0800 169 0 169

## Document History

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